



Contact details to organisations and services that make up the Friendship Alliance.

Age UK Berkshire provide information, advice, a Home from Hospital service, an Easy Shop service which can order groceries to the home, and a Handy Person and Home Help Service to help with small tasks around the house.



0118 959 4242
info@ageukberkshire.org.uk
www.ageuk.org.uk/berkshire

Involve Community Services run a Community Navigation Scheme which can help connect you to local groups and services. They also have a Cancer Support Group.



01344 304404
reception@involve.community
<https://involve.community>

The Link Visiting Scheme supports older people who would love more friendship. Do get in touch if you would like regular telephone calls, home visits or to join a small group. Support and coaching can also be given to get online including access to a device.



0118 979 8019
admin@linkvisiting.org
www.linkvisiting.org

The Wokingham Volunteer Centre provides a Transport Scheme to help people who cannot use public transport to get to their medical appointments, do their shopping or go on social trips. They also run a Green 'N' Tidy Gardening Scheme for elderly or disabled residents who cannot maintain their properties.



0118 979 1340
gardening@wok-vol.org.uk
wokinghamvolunteercentre.org.uk

The Friendship Alliance runs an online Friendship Cafe every Wednesday for anyone who needs a friendly chat. They also email out a fortnightly newsletter to share local activities, groups and services.



07464 834949
jayne@linkvisiting.org
<http://linkvisiting.org/friendship-alliance>

Do you need support during COVID-19?

WOKINGHAM BOROUGH COMMUNITY RESPONSE

0300 330 1189



citizensadvicewokingham.org.uk
supervisor@

[citizensadvicewokingham.org.uk](mailto:supervisor@citizensadvicewokingham.org.uk)

Citizens Advice Wokingham

Need: Food & other essentials

- We can help residents access food by referrals to local neighbourhood covid groups and to other partner agencies
- We work with partners like Wokingham United Charities and Wokingham Borough Council to source other essentials

Need: Prescriptions

We can help residents with prescription pick up and delivery by referring to local neighbourhood covid groups, NHS Responders, and the Wokingham Volunteer Centre

Need: Mental health & wellbeing

- Link Visiting Scheme make regular phone calls set up with one of our volunteers
- The Friendship Alliance have a weekly online friendship cafe
- Mental health and wellbeing support leaflet
- Signpost to other organisations who provide mental health & wellbeing support

Need: Other help

- Referrals to the local foodbanks
- AgeUK Berkshire 'Home from Hospital' service
- Link Visiting Scheme welfare checks
- Wokingham Citizens Advice on Debt, Benefits, Employment, Housing, Relationships & family
- Help with other essential items through the WBC Covid Winter Grant and the Wokingham United Charities Grants



There is no wrong reason to contact us



WOKINGHAM
BOROUGH COUNCIL



Wokingham